

Gold Coast Marathon

Menu

Sunday 5th July 2009

Fresh Fruit

Bananas, Apples, Mandarins and Watermelon

Banana Bread

Fruit Bread

Muffins

Savoury and Sweet

Quiches

Frittata

Yoghurt and Muesli

Fresh Rolls with various fillings

Make Your Own

Slices and Lollies

Water, Gatorade and soft drinks



RedManRunners

Gold Coast Marathon

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